

Cross de Bolbec 2024

Dimanche 24 novembre



Stade Tetlow,
Entre 9h45 et 13h30

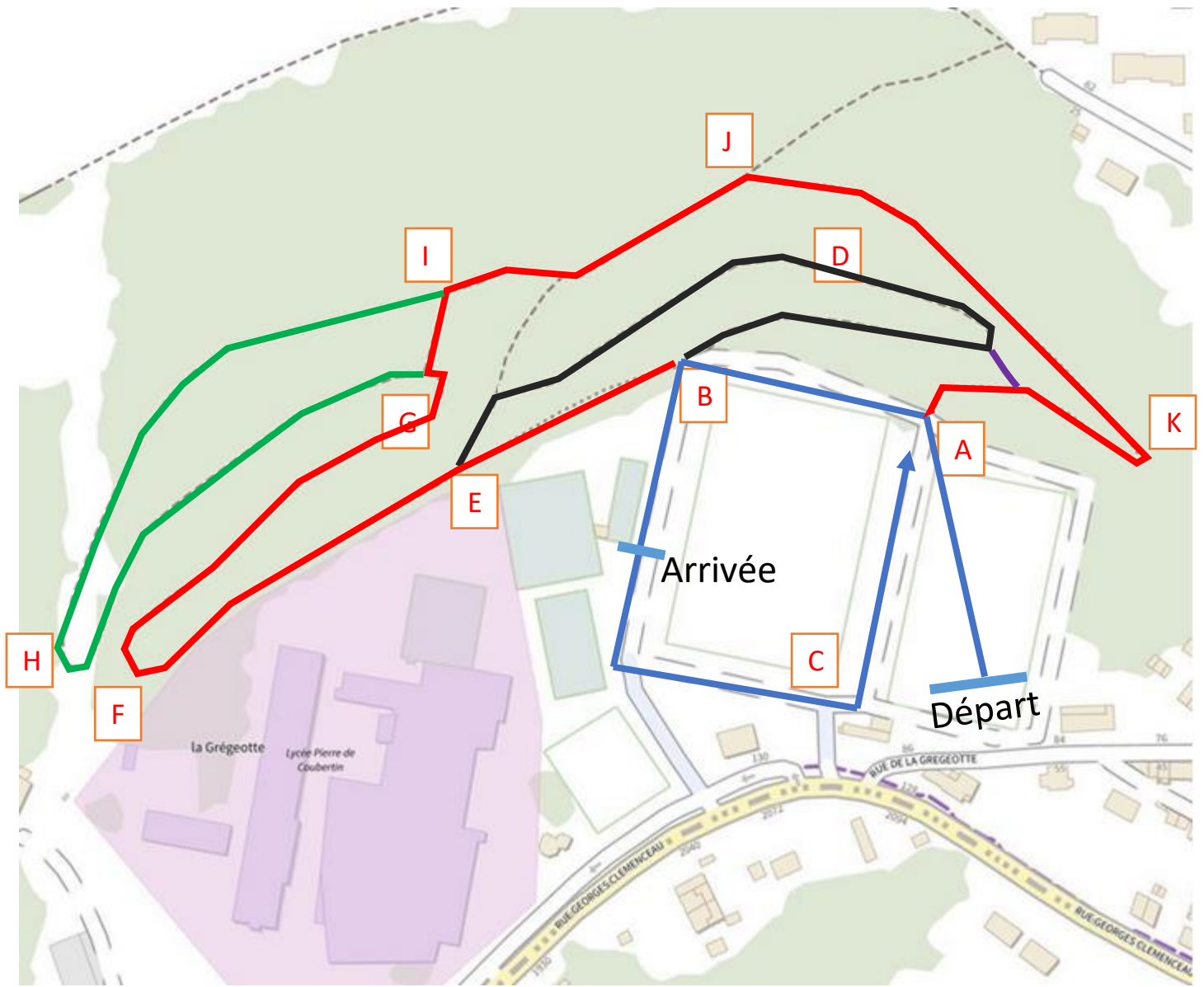
Même lieu
Nouveau parcours
Programme condensé



Infos, règlement et primes : www.gabsite.fr

Inscriptions : crossdebolbec@gabsite.fr

Vue Globale





Cross de Bolbec 2024

Dimanche 24 novembre

Horaires et Parcours

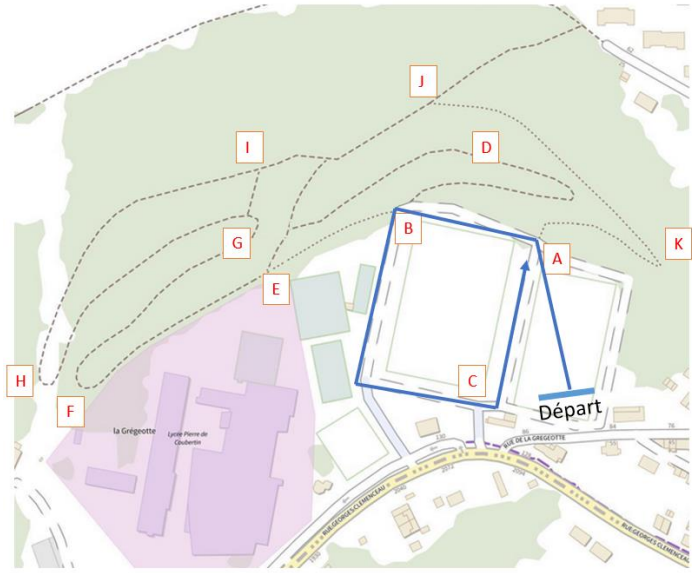


Programme	Denivelé	0	10	20	25	40	0		
	Distance	500	400	950	1350	1850	225		
Horaires	Catégories	Départ	Mini-boucle	Petite Boucle	Moyenne Boucle	Grande Boucle	Arrivée	Distance	Dénivelé
9h45	Course Open	1			1	3	1	7625	145
10h30	POF et POG	1	1				1	1125	10
10h45	BF	1		1			1	1675	20
11h00	BG MF	1			1		1	2075	25
11h15	MG CF	1		2			1	2625	40
11h35	CG JF ESF SF MF	1		1	1		1	3025	45
11h55	JG ESH SH MH	1			1	1	1	3925	65
12h20	ES S M	1		1		2	1	5375	100
13h00	ES S M	1			1	3	1	7625	145

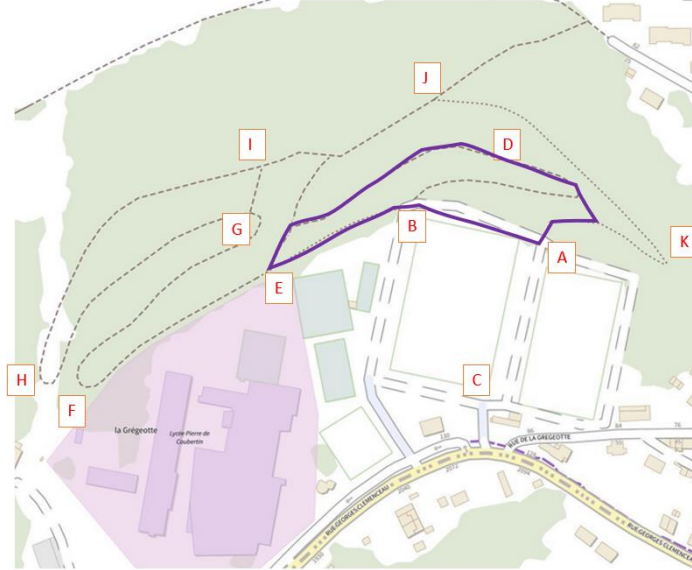
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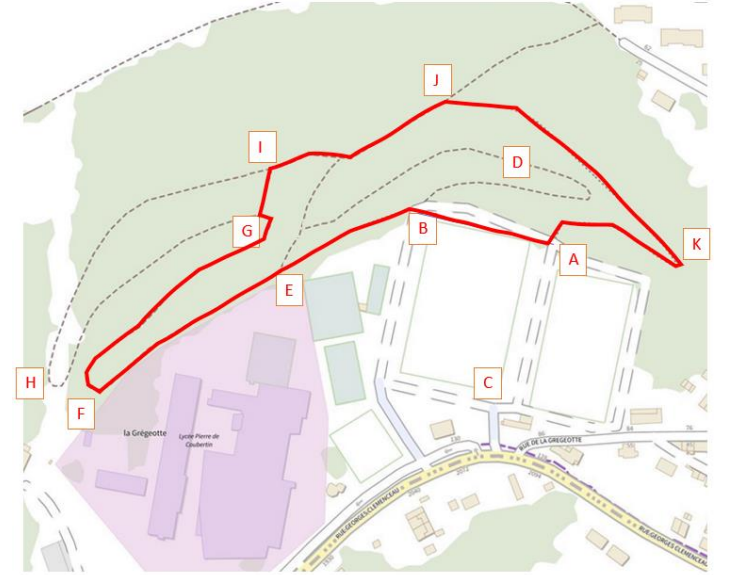
Départ ABCA = 500m



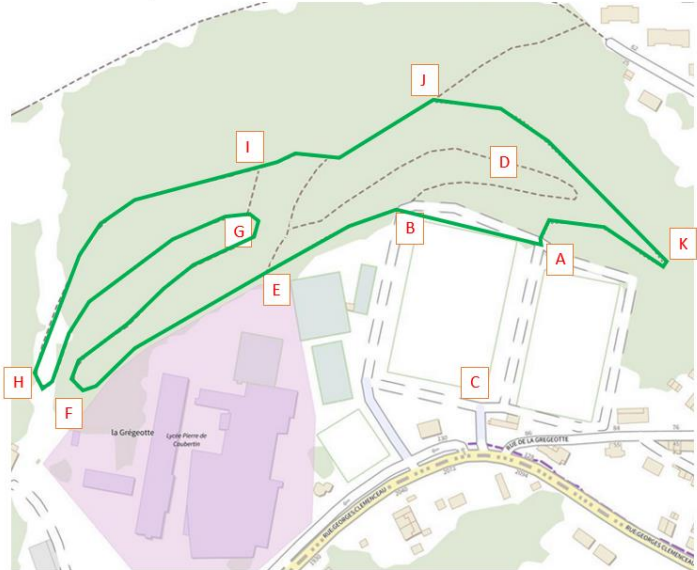
Mini-Boucle = ABEDA = 400 m / 10m D+



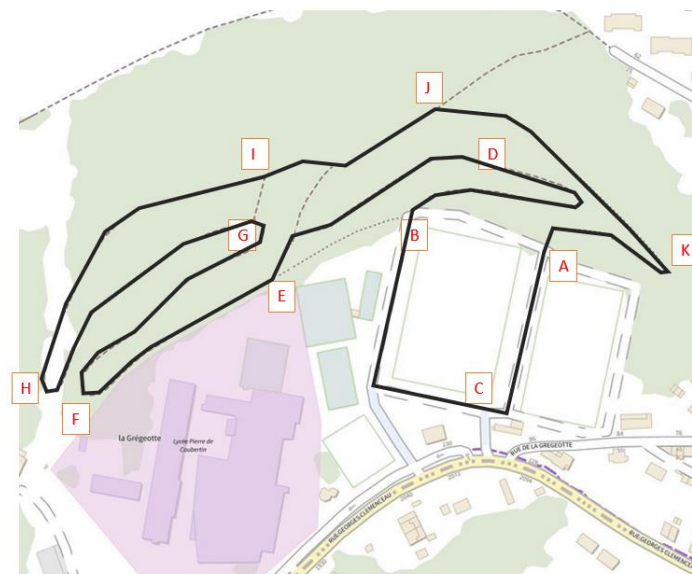
Petite Boucle = ABEFGIJK = 950 m / 20m D+



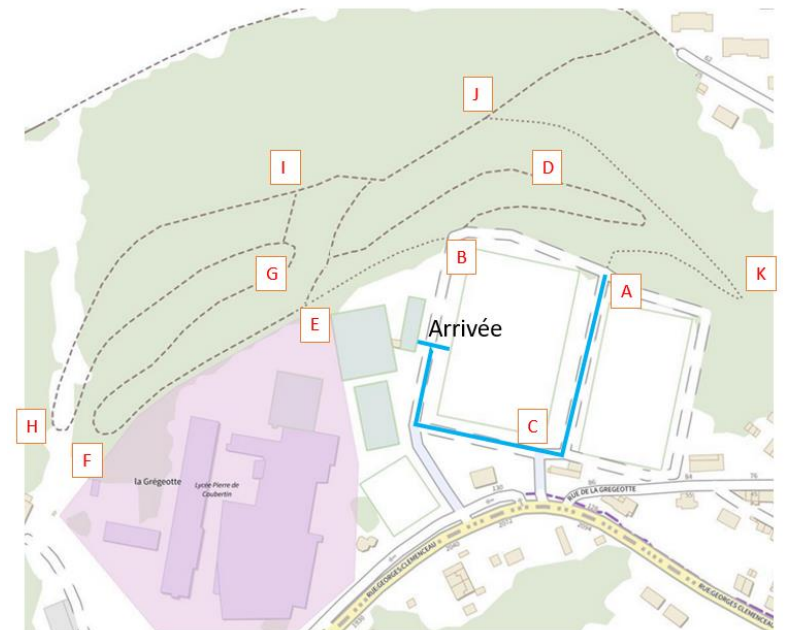
Moyenne Boucle = ABEFGHIJK = 1350 m / 25 D+



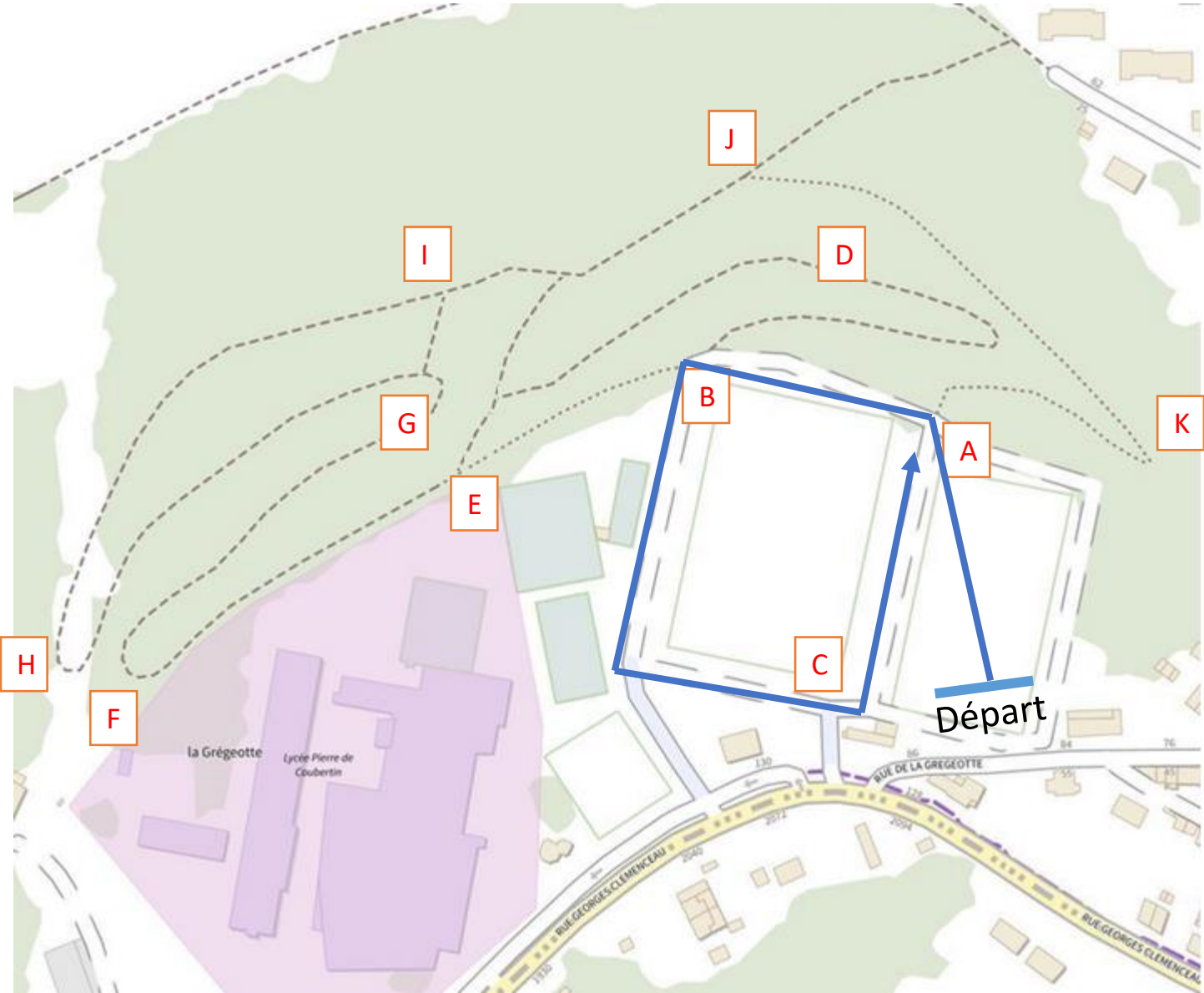
Grande Boucle = ACBDEFGHIJK = 1850 m / 40 D+



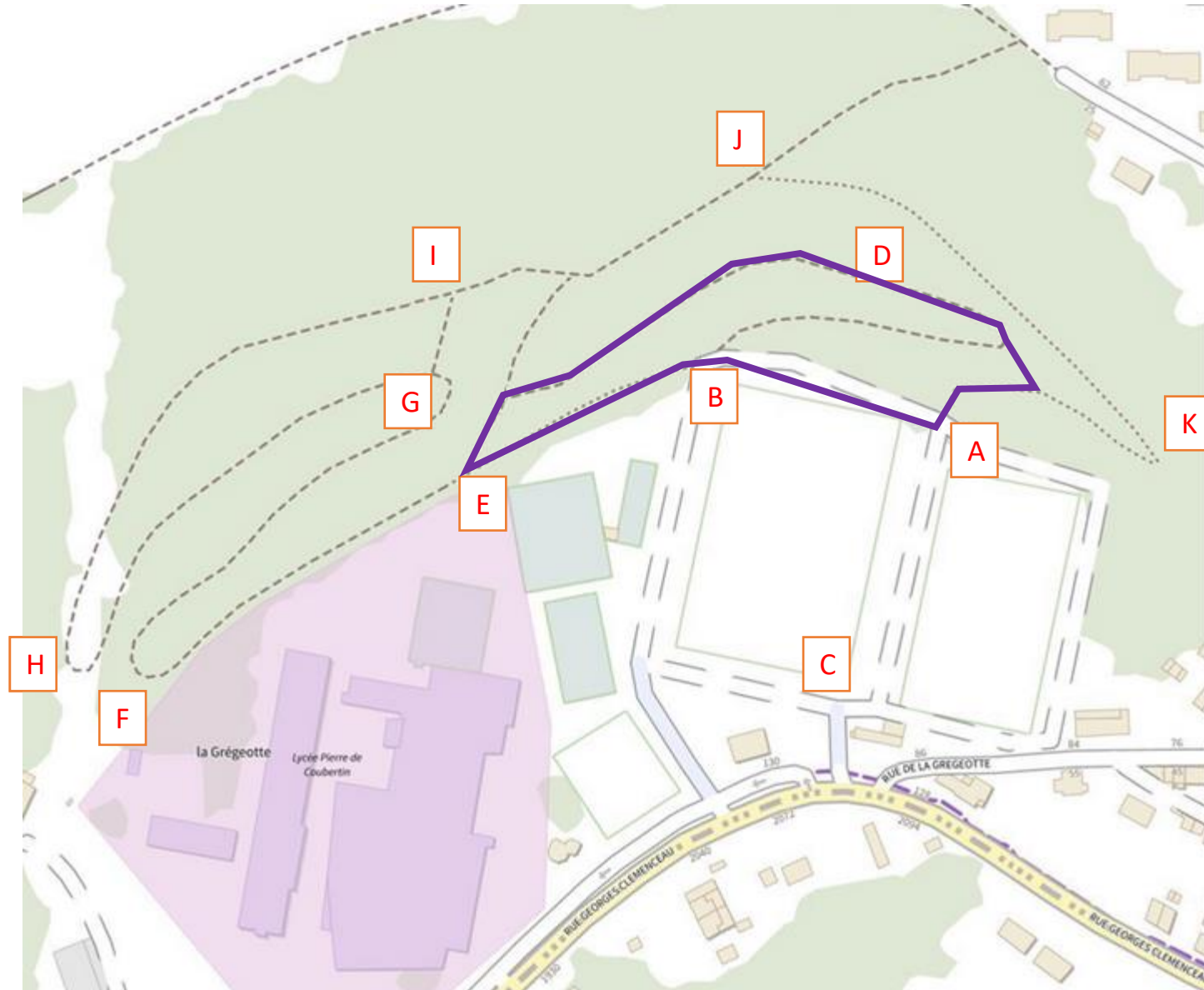
AC Arrivée = 250m



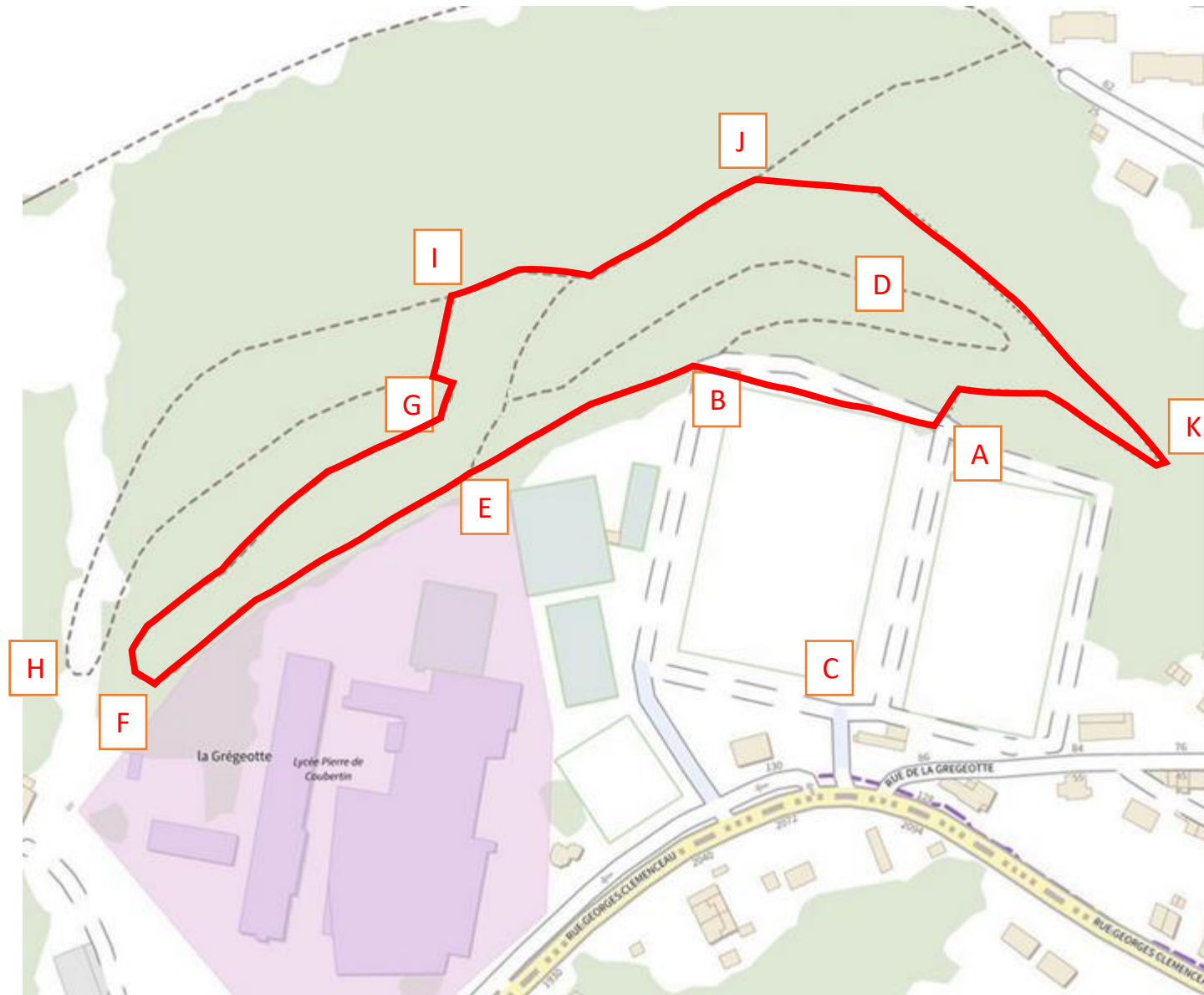
Départ ABCA = 500m



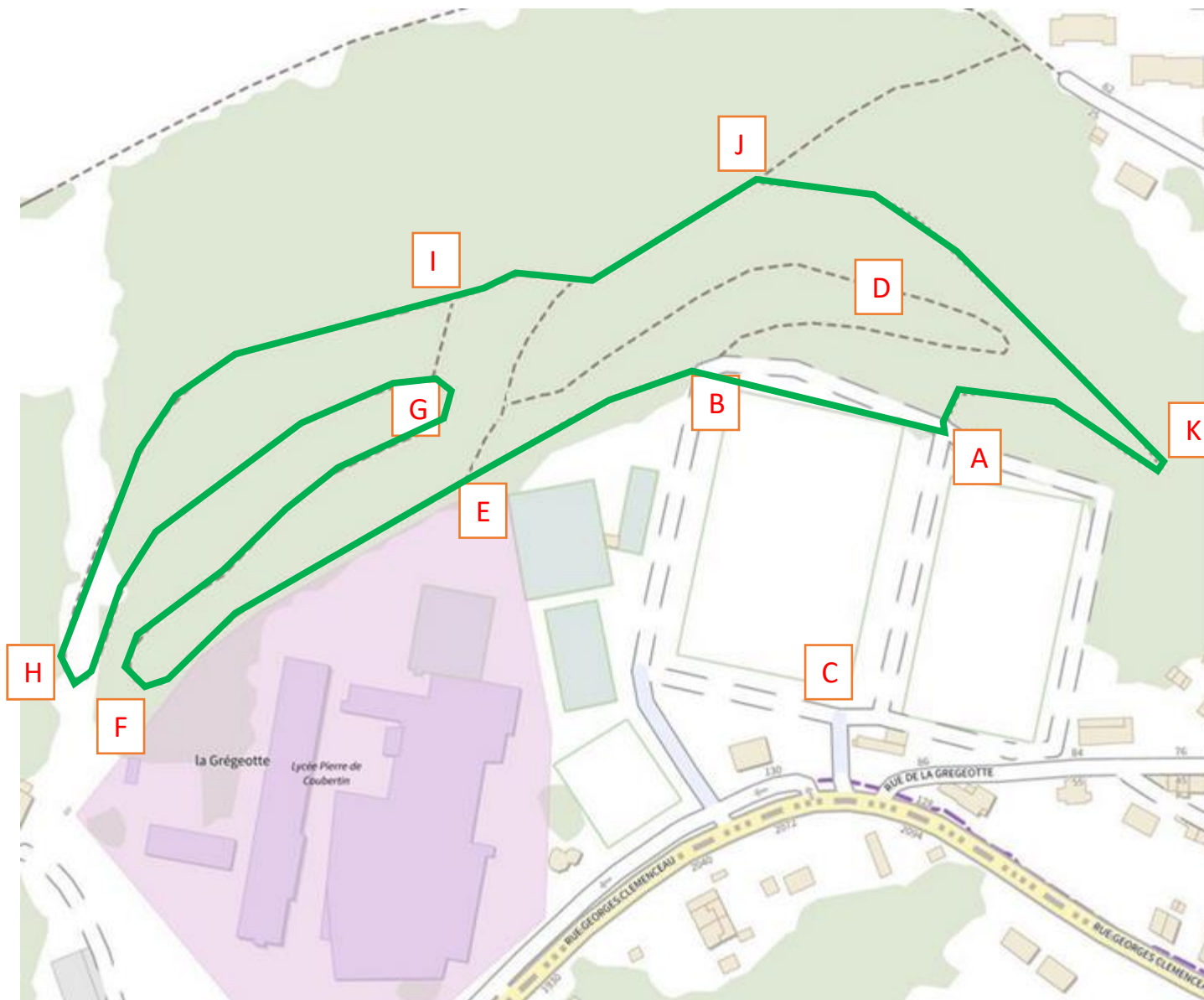
Mini-Boucle = ABEDA = 400 m / 10m D+



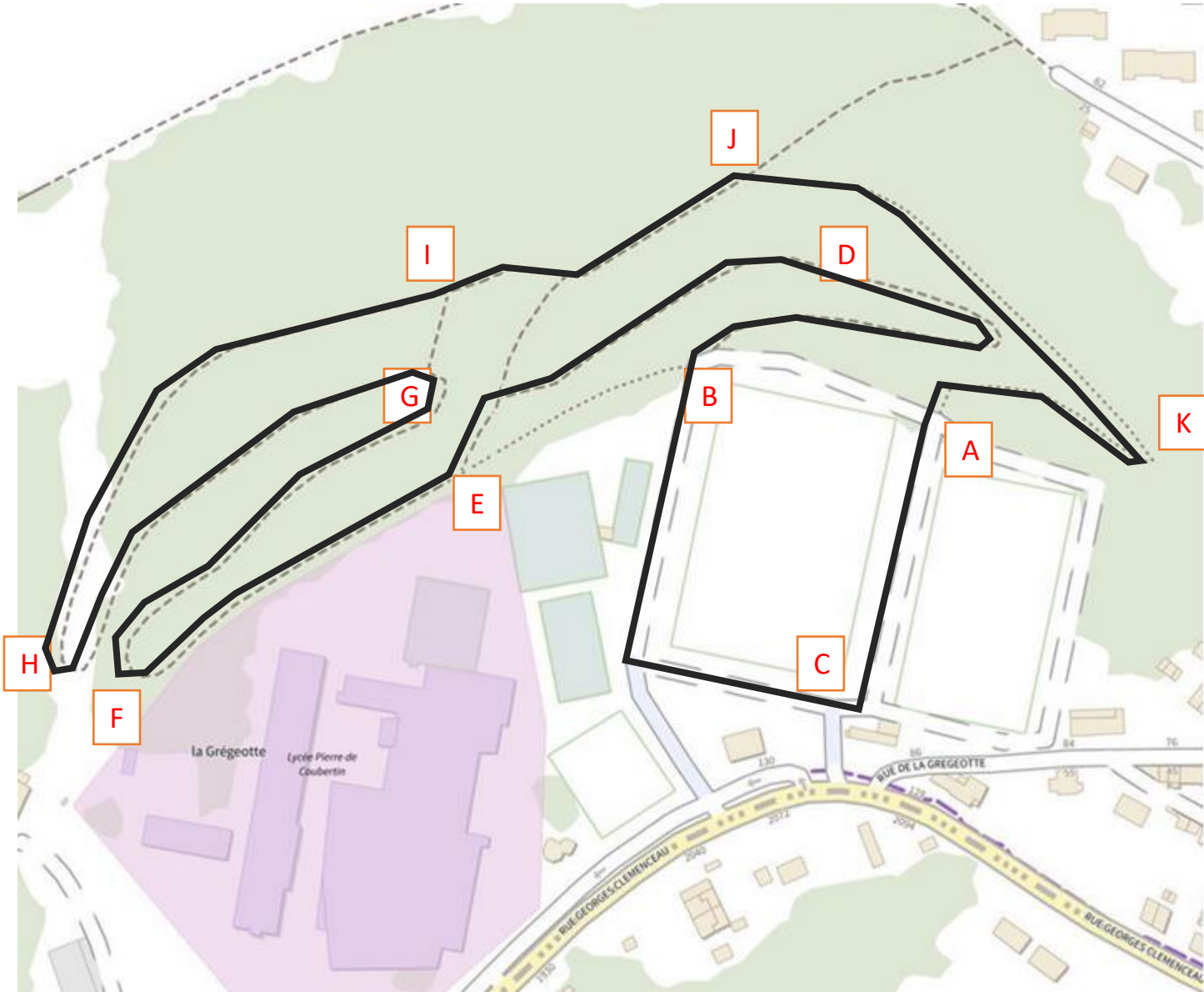
Petite Boucle = ABEFGIJK = 950 m / 20m D+



Moyenne Boucle = ABEFGHIJKA = 1350 m / 25 D+



Grande Boucle = ACBDEFGHIJKA = 1850 m / 40 D+



AC Arrivée = 250m

